

Vitamins & Minerals



Nutritional Facts

Serving Size: 1 Softgel
Servings Per Container: 120 Softgels

	Amount Per Serving	% Daily Value*
Vitamin D3 (as Cholecalciferol) (from Lanolin)	10,000 IU	2,500%

* Based on a 2,000 calorie diet

** Daily value not established

This is a Herbal Extract



Supplement Facts

Serving Size 1 Scoop (5 grams)
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrate	4 grams	1%*
Dietary Fiber	4 grams	16%*
Sodium	410 mg	17%*
Potassium	10 mg	<1%
Low Molecular Weight Modified Citrus Pectin (short chain) (82% galacturonic acid)	5 grams	†

*Daily Value not established.

Suggested Use: As a dietary supplement, mix one scoop (5 grams) in a glass of water one to two times per day. Stir briskly and drink immediately.

